



City of Rochester Senior Meal Program Menu

2022

Quad: SOUTHWEST NEIGHBORHOOD SERVICE CENTER

Overview: The City of Rochester has provided funding with local partners Goodwill of the Finger Lakes, 211/ LIFE LINE (211LL) Program & 29 local restaurants to help seniors 55 and older & who live in the City of Rochester with barriers to access culturally appropriate and nutritious meals from April 17, 2023 – October 17, 2023.

The following one of three qualifiers for the program must be met:

- 1. Live in a qualified census tract. Link: _____**
- 2. Live in income-specific housing.**
- 3. An active recipient of any of the following:**

- o Medicaid
- o Temporary Assistance for Needy Families (TANF)
- o Supplemental Nutrition Assistance Program (SNAP)
- o Medicare Part D Low-income Subsidies
- o Supplemental Security Income (SSI)
- o Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
- o Section 8 Vouchers
- o Low-Income Home Energy Assistance Program (LIHEAP)

211LL facilitates meal registration and coordination with restaurants for meal prep and delivery. Seniors can sign up for up to 3 meals a week for one month's worth of meal deliveries (12 meals per month) by calling 2-1-1 or (585) 275-5151. Menus can be found on the 211lifeline.org homepage.

If you encounter an issue with your meal, please contact the restaurant at the number listed.

Please Note that 211LL will be experiencing high call volumes due to the demand for this resource. To avoid waiting on hold, you can follow the prompts on the 211LL Phone system and opt into a callback option to receive a call back from 211LL (caller ID will read "275-5151"). We appreciate your patience.

Subject to Change Based on Meal Availability



DELIVERY TIMES

Lunch Hours: 11:30 A.M. -1:30 P.M.

Dinner Hours: 4:00 P.M. -6:00 P.M.

D & L Tropical – Serving Monday, Thursday, and Saturday

Contact: 585-436-0460

Lunch Option #1: Famous chicken soup with beef patty

Dinner Option #2: Curry chicken with rice, peas & cabbage

Morgan's Cereal Bar – Serving Friday, Saturday, and Sunday

Contact: 585-434-2014

Lunch Option #1: Grits, scrambled eggs, turkey sausage, wheat toast, and applesauce

Lunch Option #2: Pulled grilled chicken with peppers and onions, BBQ sauce on the side, waffle with syrup & applesauce

Hayaat Markets – Serving Friday, Saturday, and Sunday

Contact: 816-616-0065

Lunch Option #1: Spaghetti w/ steak

Dinner Option #2: Tilapia fish fillet with fries and vegetable soup

The Arnett Café – Serving Monday, Tuesday, and Wednesday

Contact: 585-775-4109

Dinner Option #1: Baked chicken, rice, and veggies

Dinner Option #2: Goulash, salad, garlic bread

D'Mangu – Serving Monday, Friday, and Saturday

Contact: 585-470-9809

Lunch Option #1: Stewed chicken, veggies, yellow rice, and beans

Dinner Option #2: Baked pork, veggies, yellow rice, and beans

Side Bar – Serving Tuesday, Wednesday, and Thursday

Contact: 585-454-2477

Lunch Option #1: 3 Jerk chicken tacos with lettuce, salsa, sour cream & a side of jerk sauce

Dinner Option #2: Jerk chicken with mac salad and a roll

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Ludwig's Center Stage Café – Serving Monday, Wednesday, and Friday

Contact: 585-454-4440

Lunch Option #1: Grilled chicken sandwich on a bakery bun, lettuce & ranch dressing, pasta salad

Dinner Option #2: Grilled, roasted pork loin/ham/Swiss cheese/pickles/ mustard on a baked hoagie, black beans, rice